



SMILE GUIDE

# **6 Must-Ask Questions for Your Orthodontic Consultation**

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# Your Guide to a Confident Orthodontic Decision

Use this guide to take the guesswork out of your consultation. Ask all the right questions, and (more importantly) get all the best information so you can make a confident decision about your treatment.

**What are the benefits of braces?**

(Oral, Overall Physical Health, Mental/Emotional)

**What types of braces are there?**

(Metal Braces, Clear Ceramic Braces, Clear Aligners/Invisalign)

**How long will treatment take?**

**What happens when treatment is over?**

(Maintenance Period, Retainer)

**How much will treatment cost?**

(Dental insurance coverage, payment options)

**How will treatment impact my lifestyle and eating habits?**

(Sports, Favorite Activities, Foods, Brushing + Flossing, Office Visits)

There you have it! Top questions to ask your orthodontist during a consultation. Pack a copy of this and scribble some notes during your consultation. With this info in mind, you are ready to make a solid decision about your care.